



August 02, 2009

Why Bury the Broken Bowl?

(How to save yourself a ton of money on therapy)
(SERIES: Take The Lead: 04 of 05)
by Dr. David Foster

“He who conceals his sins does not prosper, but **whoever confesses and renounces them finds mercy**. Blessed is the man who always fears the LORD, but *he who hardens his heart falls into trouble.*” (Proverbs 28:13-14 NIV)

How do we deal with failure?

We **pose**.
We **posture**.
We **lie**.
We **bury**.

Why bury the broken bowl?

Because of **pride**.

“Pride goes before destruction, a haughty spirit before a fall.” (Proverbs 16:18 NIV)

Because of **fear**.

“He answered, ‘I heard you in the garden, and I was afraid because I was naked; so I hid.’” (Genesis 3:10 NIV)

Because of **guilt**.

“For I know my transgressions, and my sin is always before me.” (Psalm 51:3 NIV)

Because of **shame**.

Living With No Secrets

First, you **address** it.

“Against you, you only, have I sinned and done what is evil in your sight, so that you are proved right when you speak and justified when you judge.” (Psalm 51:4)

Second, you **confess** it.

“If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.” (1 John 1:9 NIV)

Third, you **forsake** it.

“Of them the proverbs are true: ‘A dog returns to its vomit,’ and, ‘A sow that is washed goes back to her wallowing in the mud.’” (2 Peter 2:22-23 NIV)

Fourth, you **mend** it.

“If another believer sins against you, go privately and point out the offense. If the other person listens and confesses it, you have won that person back.” (Matt 18:15 NTL)

Fifth, you **master** it.

“No, I beat my body and make it my slave so that after I have preached to others, I myself will not be disqualified for the prize.” (1 Cor 9:27-28 NIV)