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Your Dissatisfaction Guaranteed

(Exposing the dirty little secret no one wants you to know)
(SERIES: They Promised Me Chocolate; 01 of 10)
by Dr. David Foster

“Delight yourself in the LORD and he will give you the desires of your heart.” (Psalm 37:4 NIV)

“For the Scripture says, ‘WHOEVER BELIEVES IN HIM WILL NOT BE DISAPPOINTED.’” (Romans 10:11 NASB)

“So this is what the Sovereign LORD says: ‘See, I lay a stone in Zion, a tested stone, a precious cornerstone for a sure foundation; **the one who trusts will never be dismayed.**” (Isaiah 28:16 NIV)

“See, I lay in Zion a stone that causes men to stumble and a rock that makes them fall, and **the one who trusts in him will never be put to shame.**” (Rom 9:33 NIV)

The Pitch

You are not **enough**.

We can **fix you**.

We **guarantee it**.

The Cynics’ Cycle

It all starts with **awareness**.

Then “they” make a **promise**.

The promise creates **an expectation**.

The actual **experience** falls short.

We start collecting **disappointments**.

We get trapped in a cycle which **leads to despair**.

3 Truths About Anger

Anger denied is anger **delayed**.

Anger cannot be **managed**.

Anger must be **resolved**.

“...for man's anger does not bring about the righteous life that God desires.” (James 1:20 NIV)

When faced with disappointment...

You can **sour** and become a **cynic**.

You can **settle** and become a **critic**.

You can **stop** and become a **relic**.

Or you can push past disappointment **to delight**.

“Blessed is the man who does not walk in the counsel of the wicked or stand in the way of sinners or sit in the seat of mockers. **But his delight is in the law of the LORD, and on his law he meditates day and night.** He is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither. Whatever he does prospers.” (Psalm 1:1-3 NIV)

“No one whose hope is in you will ever be put to shame,” (Psa 25:3 NIV)