

You Can't Count on Anything or Anyone Anymore!

(How to face and overcome your fear of constant change)
(SERIES: Fear Less; Live More; 07 of 08)
by Dr. David Foster

"But Moses pleaded, 'O Lord, I'm just not a good speaker. I never have been, and I'm not now, even after you have spoken to me, for I have a speech impediment.' 'Who makes mouths?' Jehovah asked him. 'Isn't it I, the Lord? Who makes a man so that he can speak or not speak, see or not see, hear or not hear? Now go ahead and do as I tell you, for I will help you to speak well, and I will tell you what to say.' But Moses said, '**Lord, please! Send someone else. Then the Lord became angry**'" (Exo 4:10-14)

Why resist change?

"But Moses said, 'Lord, please! Send someone else.'(Exo 4:13)

Change disturbs our **comfort**.

Change destroys our **security**.

Change disrupts our **routine**.

The fear of change...

Will make you **skeptical**.

"They said to Moses, 'Was it because there **were no graves in Egypt** that you brought us to the desert to die?'" (Exo 14:11)

Will make you **selfish**.

". . . **What have you done to us** by bringing us out of Egypt?" (Exo 14:11)

Will make you **stubborn**.

"Didn't we say to you in Egypt, 'Leave us alone; let us serve the Egyptians'? . . ." (Exo 14:12)

Will make you **shortsighted**.

". . . **It would have been better** for us to serve the Egyptians than to die in the desert!" (Exo 14:12)

How to Break Through

Face up **to the fear**.

"Moses answered the people, 'Do not be afraid. Stand firm....'" (Exo 14:13)

Look up **to God**.

". . . **you will see the deliverance the LORD** will bring you today. The Egyptians you see today you will never see again." (Exo 14:13)

Launch out **in faith**.

"Then the Lord said to Moses, "**Quit praying and get the people moving!** Forward, march!" (Exo 14:15)