

A Hell Called “Sick and Tired of Trying”

(How to grow stronger the longer you live)
SERIES: When You're Going Through Hell . . . ; (10 of 11)
by Dr. David Foster

“SO SHE DID as Elijah said, and she and Elijah and her son continued to eat from her supply of flour and oil as long as it was needed. For no matter how much they used, there was always plenty left in the containers, just as the Lord had promised through Elijah!” (1 Ki 17)

Watch out for the moments . . .

When you are most **weary**.

When you are most **hurt**.

When you are most **emotional**.

When you are most **confused**.

Forging Faith Overtime

Requires **high expectations**.

"Jesus looked at them and said, 'With man this is impossible, but not with God; all things are possible with God.'"(Mark 10:27)

"In the morning, O LORD, you hear my voice; in the morning I lay my requests before you and ***wait in expectation***." (PSA 5:3)

Requires **emotional muscle**.

"From the end of the earth will I cry unto thee, when my heart is **overwhelmed**: lead me to the rock *that* is higher than I." (Psa 61:2)

Requires **faith talk**.

"But Joshua had commanded the people, 'Do not give a war cry, do not raise your voices, do not say a word until the day I tell you to shout. Then shout!'" (JOS 6:10)

"Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen." (EPH 4:29)

Requires **crazy trust**.

"Though he slay me, yet will I trust in him . . ." (Job 13:15 KJV)

Requires **constant gratitude**.

"Give thanks in all circumstances, for this is God's will for you in Christ Jesus." (1TH 5:18)

Requires **constant gratitude**.

"As iron sharpens iron, so one man sharpens another." (PRO 27:17)

Requires **peaceful rest**.

"Be still before the LORD and wait patiently for him; do not fret when men succeed in their ways, when they carry out their wicked schemes." (PSA 37:7)

"Since ancient times no one has heard, no ear has perceived, no eye has seen any God besides you, who acts on behalf of those who wait for him." (ISA 64:4)

"I say to myself, 'The LORD is my portion; therefore I will wait for him.'" (LAM 3:24)

"You are a poor specimen if you can't stand the pressure of adversity."(Prov 24:10)